

BOTulinum TOXin (Hyperhidrosis) Pre & Post Care Instructions

THE DAY OF YOUR APPOINTMENT

- The treatment areas will be wiped with a cleanser and alcohol
- For underarms, please wear loose and comfortable clothing to prevent rubbing and chafing in the treatment area
- For hands and feet, some patients find it helpful to take a mild analgesic (Tylenol) one hour prior to treatment
- For underarms, hands and feet: ice, vibration or numbing spray may be applied to the skin to help with any discomfort during the treatment

AFTER YOUR APPOINTMENT

- Do not apply pressure to/or massage the treatment area
- Pinpoint bleeding may occur and will resolve quickly
- Rarely, patients may develop mild bruising and or sensitivity around the injection site .This will resolve within the first week after treatment
- Any immediate redness or swelling will subside within an hour

WHAT TO EXPECT

- Your results will appear gradually over the period of 3-10 days